

Spring Issue
March 2010

Extended School News

Extended School Youth Club

QK's Youth Club continues to grow, with many new and exciting activities being introduced. We have responded to the requests made by students from their evaluations last year and aim to provide a wide range of opportunities for our students. The current activities at the Youth Club are: cooking lessons, French for fun, knitting, exclusive use of pool, table tennis, bar football, PS3 games, WII and a selection of board games. The Youth Club management team are looking to extend the following classes in the forthcoming weeks: Music Studio work, Jewellery making, Beauty skills and will also be running more competitions in the summer term. There is also Kick-Boxing every Thursday — students from all year groups regularly attend and some have taken their exams — please contact Mr Hunte for more information. The Youth Club continues to get support from our Newly Qualified Teachers (NQTs), Support staff and Year 12 & Year 13 Youth Work Assistants. Students from Year 10 & 11 also run study sessions for students.

George Eliot Junior School

Year 5 & 6s are given exclusive use of the QK Youth Club on Fridays allowing students to have the opportunity to access a variety of activities which adds to their overall confidence and well being; ready for their transition to QK school in September 2010. Parents have shown a keen interest in the George Eliot Junior Transition programme which is attended by Year 6 and recently Year 5 students.

Playground Pals

Playground Pals is a programme for QK Year 9 Prefects to go to our local Primary schools at lunch time once a week. At present there are 36 Year 9 students involved with three primary schools:- Essendine, Paddington Green and Wilberforce schools. QK Prefects have been interviewed and selected for the role by senior management. The Prefects are involved in a number of different activities at the Primary schools which include reading, refereeing Football, Basketball games and helping with lunchtime projects.

“I like talking to the children and playing. It makes me feel responsible ”

Quote from Year 9 Prefect

“I enjoy talking with the staff at the Primary school and feeling finally that I am an older person”

Quote from Year 9 Prefect

Irene Forster — Extended Schools Coordinator

Irene Forster has replaced Eugene Moriarty and is now QK's Extended Schools Coordinator. If you wish to speak to Ms Forster you can contact her on: 020 7722 8141 ext: 121

QK Welcomes - Jessica Streeting – Senior School Nurse

I joined the Extended Schools team in September 2009 as public health practitioner (School Nurse) . I am employed by Westminster PCT and my main role is to help students and their families access the health services. Working closely with Student Support I help run a sexual health session for young people, hold Drop In sessions and see individual students on a wide range of health and wellbeing matters including weight concerns and smoking cessation. When we hold immunisation sessions in school – such as the new HPV vaccine, or the Leavers Booster jab I am available to offer health promotion and advice to parents and carers as well as students. I am also the lead for National Healthy Schools within school as we work towards gaining our ‘Enhanced Healthy School’ status. The advantage of being based full time in school, rather than coming in from the clinic once or twice a week is that I am accessible all week and feel part of the QK family.

Laura Lewis-Williams — Primary Transition

The transition timetable focuses on supporting students in preparation for entry into Year 7. We work closely with our Primary feeder schools, visiting our prospective students and getting to know them before they start Year 7. This begins early in the Summer Term.

There are also further opportunities to get to know students through Headstart Day (this year it takes place on **Friday 25 June 2010**). In addition, there are two day ‘Parental Interviews’ which will be held on **Thursday 1 July & Friday 2 July 2010**. For more information about transition into QK please contact Ms Lewis-Williams.

Faith Stilgoe — QK based Social Worker

I started working at QK in January 2010 as the school’s Social Worker. I come into QK 3 days a week Monday, Tuesday & Wednesdays and I am employed by Westminster Social Services. I work with the Extended School and Student Support Services to ensure that all students at QK can reach their potential whatever their background may be. I also work closely with students and their families when they need additional support from Social Services. I can be contacted on: 020 7641 8498

PC Jay Uzun — Police Cadets

PC Jay Uzun manages QK Police Cadets which take place on **Wednesdays from 4:00pm -6:00pm** and is based Lower Gym. QK students from 14 years of age do a range of activities from sports training, drills, games and Duke of Edinburg Award training. From April 2010 onwards students will go on camping trips, sailing and rock climbing. PC Jay Uzun is based in the Extended Schools Office (QK Lower Building). Telephone: 020 7722 8141 ext: 171

Ms Yassamin Sheel — Parenting Programmes at QK

QK offers a variety of parenting programmes to cater for the varying needs of our diverse community.

Transition Family Group is run every Tuesday by Reena Spring (Learning Mentor at Quintin Kynaston) and Rosan McCall (Marlborough Family Service)

- Helping with the transition from Year 6 to Year 7
- Parents provide each other with solutions and support

Family Group is run every Thursday by Rosan McCall (Marlborough Family Service) and Fran Dix (Student Guidance Manager at Quintin Kynaston) to assist the following:

- Supporting families with school and family related concerns (all year groups)
- Parents provide each other with solutions and support (all year groups)

Addressing issues such as: -

- War torn countries
- Saying No
- Culture shock

Triple P – Positive Parenting Programme run with the support of Westminster City Council every Wednesday:-

- Triple P is a system of easy to implement, proven parenting solutions that helps solve current parenting problems and prevents future problems before they arise
- Support with helping survive the teenage years
- Tips on managing difficult behaviour?
- How to get the best out of your children?

If you wish to join any of these programmes please get in contact with your child's Director of Learning.

We also provide: -

- One to one parent support
- Drop in parents forum every Wednesday from 10 until 12 pm to discuss issues that may concern you

In the future we will also be providing a Bengali and Kosovan parents group and would like to run a Positive Fathers Group with David Njie (Assistant Manager Student Guidance at Quintin Kynaston)