



NEWS

Quintin Kynaston School

No. 10 18th November 2005

Headteacher's Message

On Wednesday QK held a very successful whole school Enrichment Day. Students participated in many interesting activities with the focus on team building. Many thanks to the Directors of Learning, Form Tutors and subject staff for making this year's Enrichment Day such fun.

Also on Wednesday, a Cake Sale took place to raise funds for the orphans of the recent South East Asia earthquake. This was organised by Adiba Haider 10N. Over £200 was raised at this event, with a further £1000 raised by Ammal Khan 13I who collected the money single handed. Well done and thank you to Adiba and Ammal. Congratulations also to Amir Khizar 8K who raised £30 from the Cake Sale.

Finally, a last reminder that Progress Review will take place on Thursday 24th & Friday 25th November.

Jo Shuter

Year 9 Quiet Day

This is planned for Thursday 24th November. All students have sponsorship forms and they are raising money for the BBC 'Children In Need' charity. The Tutor Group with points nearest to 180 and raises the most money wins the Pizza Express meal. Good Luck Year 9.

Progress Review

Thursday 24th and Friday 25th November.

All parents and carers should have received their appointment times. Students should attend this very important meeting with you.

Mock Exams

Students in Years 11, 12 and 13 have exams during the two weeks before Christmas. Please help your child to organise their time at home so that they can revise successfully.

Vaccinations

DTP will take place for all Year 10 students and any Year 11 students who missed it last year. For those parents who have not yet returned their permission slips please do so by Monday the latest. BCG injections are no longer being given through schools. Please contact your GP for details about how to get this vaccination.

Enrichment Day

Normal lessons were suspended on Wednesday for students to participate in a range of different activities such as mind-mapping, revision techniques, creating a One World mural and drama activities.

Poetry Live Conferences

Last Friday, over half of Year 10 attended a national poetry conference to support their English studies. We heard their chosen exam poets – Simon Armitage, John Agard, Moniza Alvi, Carol Ann Duffy – and others perform their poetry, explain their motivation for writing and answer questions from students. It was a delightful opportunity to see poetry in action and our Year 10s were the most appreciative amongst the hundreds of other students there.

Next week, Year 11 students will be receiving letters about their chance to go on this unique trip in January as part of their final revision programme for their GCSE English Language and Literature.

Duffy? Armitage? Agard? Want to meet the poets you have studied for 2 years? Ask them why they wrote their poems? Get them to explain the tricky bits? Then sign up for the English Poetry Live Conference! Letters are on their way ... see your English teacher for details.

Miss Dynamite

QK hosted a visit from Miss Dynamite on Tuesday 15th November. She led workshops with a group of students from Years 10-13 who enjoyed meeting her and listening to what she had to say.

Rock School Competition

QK Rock Bands enter for 'The Life', a band in Year 9 consisting of Gideon, Daniel, Elijah and Oussama and the Year 13 band 'Colt' have entered the National XFM Rock School Competition. The winning band from thousands of entries will perform live at the XFM gig at Brixton Academy in December!

Please support these exceptional QK Bands by logging on to XFM.co.uk and voting for them to win, or see Mr Allen or Miss Colman for details of how to vote!

These bands recorded their tracks in the QK Recording Studio. Any QK artists or bands are welcome to use the studio to record their own tracks or cover versions for similar competitions or for record companies.

Win an Educational Scholarship Fund

If you are between 11 and 15 years old, you could enter one of the Mayor of London's Black History Scholar competitions and win up to £3,000 and a laptop computer!! Runner-up prizes include internships, books tokens and more. There are three Competitions – a book Review, Writing an Essay and a Black History Quiz – open to all who are between 11 to 15!! For further information please see James Akinsowon (EMAC) or visit the website at www.blackscholar.net

Mouth Cancer Awareness Week

13th–19th November

Oral cancer affects more than 4,300 people a year in the UK, with more than 1,700 dying of the disease. Smokers and drinkers are particularly at risk. Early detection and rapid treatment is vital and can improve survival from 50% to nearly 90%. So have regular dental check-ups. A dentist is trained to examine for mouth cancer. If it's spotted early, the chances of a cure are good. You can greatly reduce the risk of mouth cancer if you stop using tobacco. A healthy diet, rich in fruit and vegetables and low in animal fats, helps to prevent all types of cancer. Call the Dental Helpline on 0845 063 1188 for more or visit:

www.dentalhealth.org.uk

Melissa Johns
Healthy Schools Coordinator

Anti Bullying Week

21st-24st November

Different events will be happening each and every lunch-time in the Library.

Mon & Tue Write or draw your message for QK's Anti-Bullying Ribbon

Wed Assemble and tie ribbon round tree

Thurs Rap/song/poetry judging

One Stop Shop

A variety of agencies will be in school between 9 and 11 am on Friday 25th November to offer advice and help. Please ask your child's Tutor for further information.

Lion Heart Challenge 2005

On Monday, 8 students from the Year 10 team were selected to take part in the Lion Heart Challenge. We were asked to compete against 14 other schools within London. Our challenge was to produce, design and create a product or a service which would persuade young adults, such as us, to take an interest in health and fitness. Our team was made up of Kais, Shodor, Reyce, Tzedal, Besart, Juliana, Bryn and me, Iqra. For some of us, this was the first time we had worked together, but to our surprise, we all got on really well. Starting off with just a simple brainstorm, and then by combining our ideas together, we came up with 'Under Pressure'.

With an extract from the X-factor, 'Under Pressure' is a TV show based on the reality of unfit people and their well-being. Located in a residential mansion, the show would follow their progress in their health for a month.

Hosted by top celebrities, nutritionalists and fitness experts, our idea was sure to succeed. Bryn and I presented our idea to the judges and the other 14 schools, but unfortunately we did not win. On the other hand, we all had a great time, despite not getting those desired mini I-pods-but we did get a £10 HMV voucher!

Iqra Qader (10Y)

Dates to Remember

Thursday 1st December – Sixth Form Option Evening for Year 11

Monday 5th December – Year 11 Mock exams start

Thursday 8th December Years 12/13 Mocks start

Friday 16th December – Break up for Xmas

Wednesday 4th January – Staff Training Day

Thursday 5th January – Students return to school for 8.50 Registration