



NEWS

Quintin Kynaston School

No. 20 24th February 2006

Headteacher's Message

Welcome back, I hope you all enjoyed the half-term break. Thank you to all who attended the Year 7 Parents Evening on Tuesday; it was an excellent turnout, and I am grateful for your continued support at these important evenings.

A Parents Forum information meeting will be held on Thursday 2nd March at 6.30 pm in the Drama Centre. Please complete and return the reply slip from the letter sent home with students to the school office. This is to ensure adequate refreshments are available. I hope that you will make time to attend this evening. Important information on current education policies and proposed government changes will be made available to you and I will be discussing with you my vision for the future at QK. I look forward to meeting with you on the night.

On Monday 6th March, the school will close early for staff training. All students will be dismissed after lunch at 1.50 pm. If you collect your child from school, please make sure you are at school early on that day.

Jo Shuter

Dates to Remember in March

Thursday 2nd
World Book Day

Monday 6th
Staff training afternoon: students dismissed at 1:50 pm

Wednesday 8th
International Women's Day
Science Modular Exams for Years 10 & 11

Tuesday 14th 4.30-7 pm
Year 9 Parents Evening with preliminary Options Information

Mad Hair Day and Childline

Following December's fund-raising event at QK, £155 was raised and a cheque has been sent to the Childline charity. The standard of artwork created on the postcards was strong and the enthusiasm of the Mad Hair Day participants was commendable (if not always intentional!). Thank you to all students, staff and governors who supported the exhibition. A special mention must be made of the talented Michael Michel (8N). Several postcards are on show in the Inclusion Department...which you are welcome to visit.

Sharon Worthington

Year 10 Needs You

QK students are currently looking for work placements for 3rd-14th July 2006.

Do you have links in industry that can offer places?

Are you able to offer a life changing opportunity? Can you help?

Please contact Work Experience Coordinator James Flitcroft with any info

workexperience@qkschool.org.uk
020 7722 8141 ext 166



CC4G

CC4G is a new computer club for girls. The club is open to girls in Years 7 and 8. Come along to Room L5C on Tuesday or Wednesday lunchtimes where Mr Gupta and Ms Chowdhary will help you gain confidence and develop key ICT skills.

Extended Schools Conference Tuesday 21st February 2006

The Westminster Extended Schools Conference hosted by QK was attended by over 80 delegates from across the borough. Representatives from education, health, social services and youth services included Julie Jones OBE, Director of Children and Community Services Education, Cllr Brian Connell, Cabinet Member for Children Services, Julian Piper, National Director, Extended Schools Support Service, Dame Anna Hassan, Head Teacher, Millfields School, Hackney and Kerry Crichlow, Extended Schools Co-ordinator for Westminster. We were also delighted to have in attendance Barbara Graham a QK Governor and Westminster Councillor.

Jo Shuter and Eugene Moriarty, Deputy Headteacher at QK with responsibility for Extended Schools, gave a talk and presentation to delegates. Feedback from delegates was wonderfully positive. Everyone spoke very highly of the way our students behaved around the school, and were extremely impressed by the general good atmosphere they felt around the school.

World Book Day

To celebrate World Book Day all students during registration will be given a book voucher to spend on any book of their choice at book stores around London, so get READING!

The library will also be hosting a special World Book Day event during lunch break on Thursday where all students are welcome. Staff will be reading extracts from their favourite books. All of those that come to the library will potentially win a prize in the Library's World Book Day Raffle!



We recommend the GCSE Revision programmes broadcast on BBC2 late at night and made for recording. Different programmes are on every Friday night and are a really helpful revision aid. See the schedule on the BBC website or on display in the QK Library.

Eating Disorders Awareness Week

What are eating disorders?

Eating disorders develop as outward symptoms of inner emotional or psychological problems. They become the way that people cope with difficulties in their life. Eating, or not eating, is used to help block out painful feelings. Without the right help and treatment, eating problems may continue throughout life.

Facts and statistics

- Anorexia nervosa and bulimia nervosa are most common among girls and young women, generally developing between the ages of 15 and 25. However, they can occur at any age – even as young as seven or eight – and affect boys and men, too. 10% of sufferers are male.
- With appropriate treatment, recovery from eating disorders can be achieved in less than five years.
- According to figures published in February 1999 by the Mental Health Foundation, approximately 20 per cent of all adolescents have some form of mental health problem, including eating disorders.

During Eating Disorders Awareness Week the Eating Disorders Association will be highlighting the views of the young people who are so much at risk from these serious, life-threatening conditions. For further information, see www.edauk.com

If you need help

For help with eating disorders, including anorexia and bulimia nervosa, contact:

Youthline: 0845 634 7650

Monday to Friday, 4–6.30 pm

Saturday 1–4.30 pm

Youthline Text service: 079 7749 3345

will respond within 24 hours, although it may take longer at weekends

Adult Helpline (over 18): 0845 634 1414

Monday to Friday, 8.30 am–8.30 pm

Saturday, 1pm to 4.30pm)

Eating Disorders Association
103 Prince of Wales Road
Norwich NR1 1DW