



NEWS

Quintin Kynaston School

No. 24

24th March 2005

Headteacher's Message

Dear Parents and Carers

Next week sees the end of another busy and successful term at QK School, culminating with Progress Reviews on Thursday evening and Friday morning. I hope as usual you will come along and support your daughters and sons and the school at this very important information-giving event.

On Tuesday of last week there was a incident involving one of our students and a student from another school. A group of our Year 10 students (boys & girls) witnessed the incident and intervened to help the student from the other school. I am so proud of the way our young people reacted to the situation and the way in which they conducted themselves. The parents of the boy who our students assisted wrote:

"Please accept warm thanks from my wife and I for your kind attention regarding our son's incident yesterday. Please also extend our thanks to those pupils who went out of their way to help and demonstrated their maturity and knowledge of what is right and wrong.

It was very easy to be critical of the youth of today but I believe in my son's case the wrong will be suitably punished due to a greater will of the majority for the good.

I sincerely hope these youths remain within the minority in the community and by your pupils and your good deeds we can send the message out that their behaviour will not be tolerated"

The Talent Show took place on Wednesday and Thursday: as usual it was a tremendous success. The wealth of talent we have at QK never ceases to amaze me. Thanks to Sue Betney, a QK Governor, for her support, Jono

Coleman from BBC London, Nick Pitts from Smooth FM and David Ross from Gorgeous Radio. The winners were:

- 1st Place Chinese Rap by Shi-Meng Jiang (11S)
- 2nd Place Indonesian Dance by Nor Tukiran (8S)
- 3rd Place Martial Arts Display by Mark Alamara, Jamal Thompson and Nanu Miah

Congratulations to everyone who took part.

There will be a special edition of the QK News next week which will include reminders of school procedures and rules and how we expect students to behave in and outside of school. Please remember to pick up a copy at Progress Review.

Jo Shuter

Easter Revision for SATs

English

Monday 3rd April from 10 am to 2.30 pm
Come to the English Office on L4
All Year 9 students welcome

Science

Level 6/7 Group

Tuesdays and Wednesdays 5th, 6th, 11th, 12th
from 10 am to 12 noon. Meet in Sc3

Level 5 Group

Tuesdays and Wednesdays 5th, 6th, 11th, 12th
from 10 am to 2 pm. Meet in Sc3

Easter Holiday

Students return to school on Wednesday 19th April for 8:50 am Registration.

Dates to Remember

Thursday 30th evening and Friday 31st March
Progress Reviews for all Year Groups (except Year 9)

Friday 31st March
Ski Trip departs

Tuesday 2nd May
Key Stage 3 SATs begin

Monday 8th May
Key Stage 3 internal exams begin

Wednesday 10th May
Year 10 internal exams begin

Friday 12th May
Staff Training Day (Inset): no students

Progress Reviews

All parents and carers should be attending except for Year 9 students. (They will receive school reports on 26th May when final option choices are made).

You will be receiving your appointment times today or Monday. Every attempt has been made to give you your preferred time. Please contact your child's tutor if you have any questions.

Remember that this meeting is especially important for Year 11 and Sixth Form students as it is the last opportunity to discuss your child's progress and ways to succeed before their final exams!

Urban Access Youth Passport

Westminster's Urban Access Youth Passport is now available. This is the only lifestyle privilege card for 11 to 19 year olds with exclusive offers on sports activities, DVDs, CDs and videos. For more information and to apply for a youth passport please visit www.youthpassport.info

Westminster Youth Service will be in school on Tuesday 28th March at lunch time in the Diner. Students should bring back their registration forms signed by a parent or guardian to complete the registration process.

For more information please see Melissa Johns in Inclusion

Isle of Wight Trip

The trip for 45 students to the Isle of Wight was extremely successful in so many ways and not just because we were in a beautiful location. Students from Years 7-10 were able to stimulate and support each other during various activities, including the making and editing of some excellent advertising films, a selection of which will be shown to parents next term. Photos of quad biking, zip-wiring and disco dancing pupils will be made available in the near future. Thanks must be made to all the students for their efforts but particularly to Chenai Anderson and Gino Green of Year 10 who were shining ambassadors for QK in terms of their ability to generate constant enthusiasm. Also the presence of Ian Green and Eugene Moriarty was much appreciated due to their remarkable tirelessness and good humour. Special thanks must be given to Ms Stevens who thought to organise this wonderful excursion. Apologies to those students who saw Ms Stevens and me at 5.00 am, but this is not our best time with regards to appearance and function!

Sharon Worthington
Gifted & Talented Coordinator

Mental Health Action Week

27th March – 2nd April

The aim is to raise awareness of problems and encourage people to look after their own mental health. It is hoped that people will start to think of their mental health as being as important as their physical wellbeing.

- Around one in ten people is likely to have a disabling anxiety disorder at some stage in their life.
- An estimated one person in ten has some form of depression at any one time, with it being most common in people aged 25 to 44.
- An estimated one in 20 people will have serious - or clinical - depression at any one time. By the year 2020, it has been estimated that clinical depression will be second only to chronic heart disease as an international health burden. This is measured by its cause of death, disability, incapacity to work and the medical resources it uses.
- One per cent of women in the UK between the ages of 15 and 30 have anorexia nervosa, with 50 per cent of cases occurring before the age of 20
- An estimated one to two per cent of adult women in the UK have bulimia nervosa. They tend to be older than those with anorexia nervosa

For more information, call the foundation on 020 7802 0300 or visit

www.mentalhealth.org.uk