



# NEWS

Quintin Kynaston School

No. 28

5<sup>th</sup> May 2006

## Headteacher's Message

Well done to all the students who completed their SATs this week. I am very proud of the way Year 9 students conducted themselves during the exams. I realise this can be a stressful time for you all but this did not affect the mature way in which you co-operated, followed instructions and behaved impeccably during exams. I would also like to thank the teaching staff for all the extra work which was required of them in the lead up to the SATs and the organisational effort involved during this week. Special thanks to Deputy Headteacher Gary Kynaston, Assistant Headteacher Ian Green and Examinations Officer and Data Manager Rachel Painting.

I would like to remind you that all students must come to school in correct school uniform. Any student who does not will be sent home to change. Although 6th Form students are not required to wear uniform, I would remind them that they are not allowed to wear shorts (except for PE) or cropped trousers and that hats and caps should not be worn in or around the school.

Students are also reminded that even though summer temperatures are here, water fights will not be tolerated. Any student involved in throwing water inside buildings or in the playground will be sent home.

*Jo Shuter*

## GCSE English

The English GCSE exams start this month and every Year 11 student must bring their copy of the Poetry Anthology and 'Of Mice and Men' to every lesson to revise. They must also bring their copy of 'Of Mice and Men' to the exam.

*Anna Peduzzi*

## Year 7 Visit to Cuffley

Monday sees the whole of Year 7 and their Tutors spending the day at Cuffley where they will be involved in lots of exciting and fun team-building activities. Have a great day!

## Early Closure and Inset Day

A reminder that students will finish school after lunch on Thursday 11<sup>th</sup> May and do not have school on Friday 12<sup>th</sup>. This is for Staff Training.

## Year 11 NRA

We say goodbye to our Year 11 students on Thursday 18<sup>th</sup> May at the annual Year 11 NRA Celebration. After Thursday, students will be on study leave and only attend school for exams.

It is compulsory for all Year 11 students to attend the NRA event and all their parents have been invited to attend this important moment in their son's and daughter's school career. Refreshments will be served in the Drama Centre at 2 pm with presentations in the Sports Hall at 2.30 pm.

## Year 11 Prom

You may remember reading about the fantastic Year 11 Prom that took place last year at a local hotel with all students dressed up in suits and evening dresses. A similar event is planned for this year and will take place after their final exam. It can only go ahead if enough students pay their deposit so please support your sons and daughters with this.

## Even more opportunities for success!

With exam time now upon us there has never been a more critical time for revision. With this in mind, a wide range of Revision Guides produced on behalf of exam boards are now available for reference in the Library. The guides, for Key Stage 3 and GCSE, cover practically all subjects from Maths and English to Spanish and Food Technology. Our study facilities have been dramatically improved with exam timetables and BBC Bitesize information available at any time from 8 am to 6.30 pm. Why not come down to the Library and see it for yourself?

The QK website [www.qkschool.org.uk](http://www.qkschool.org.uk) contains lots of useful information about the exams:

- timetables
- how to revise
- links to revision websites

### **Year 8 Students of the Week**

8Q - Yasmin Moussaoui  
8U - Melissa Charles  
8T - Aden Victor  
8N - Avan Mufti  
8K - Sofia Rouhi  
8Y - Salma Ali  
8S - Holly Ares

### **Media Studies News**

The Media Studies Academy Awards are nearly here! To showcase the fantastic work done by A-Level students, we are holding an Oscars ceremony in the Drama Centre on May 10<sup>th</sup> between 7 and 9.30 pm. If you'd like to spend the evening watching films, being fed and drinking wine, then you purchase your ticket (£10) from Simon, Lindsey or Dillena. Come along for the red carpet, posh frocks, glitz, and, of course, to see the work of the film superstars of the future! We hope to see you there.

### **Work Experience**

With just over 30 school days left until Work Experience, things are really hotting up.

The process of matching the students to their placements is in full swing with over two hundred students expected to be going out from July 3<sup>rd</sup> to July 14<sup>th</sup>.

Any students that are finding their own placement have until the end of next week to allow them all to be Health and Safety checked by Westminster Council. All other students now have access to an online system called Webview. Each student with their own unique pin code (provided by tutors) has access the system to view a list of all current available jobs.

Well done to all those students who have managed to find their own placements, and a big thank you to everyone that has contributed to the cause. This should be a very exciting and rewarding time for year ten as they move forward through this summer term.

### **QK Sixth Form**

If your child has received a letter inviting them to join our Sixth Form, please ensure that they return their reply slip to the School Office or Irene Forster as soon as possible.

### **World Asthma Day**

Just one in five adults with asthma in the UK currently have their asthma under control. That means over 3 million adults with asthma are living with symptoms that impact unnecessarily on their daily lives. To tackle this problem Asthma UK is launching the Asthma Control Test. This is a 60-second questionnaire that helps you understand how well your asthma is controlled giving a score out of 25 and advice on what to do next.

For further information or to take the Asthma Control Test, call 020 7786 5000 or visit

[www.asthma.org.uk](http://www.asthma.org.uk)

Asthma is a condition that affects the airways – the small tubes that carry air in and out of the lungs. If you have asthma your airways are almost always sensitive and inflamed.

When you breathe in something you're allergic to or an irritant, your airways become narrower making it harder to breathe. The muscles around the airway walls tighten. The linings becomes inflamed, start to swell and a sticky mucus or phlegm is often produced.

Common symptoms include tightness in the chest, wheezing or a whistling noise in the chest, coughing and difficulty breathing. An asthma attack can come on out of the blue or it can happen gradually.

Some of the most common triggers are pollen, pets, house-dust mites, mould spores and tobacco smoke. Other triggers include viral infections such as colds and flu, certain forms of exercise, cold and dry air, laughing and other emotions. Most people find several things can trigger asthma.

Asthma UK is a charity dedicated to improving the health and wellbeing of the 5.2 million people in the UK who have asthma. For more information call 020 7786 4900 or go to [www.asthma.org.uk](http://www.asthma.org.uk)

### **Dates to Remember in May**

Monday 8<sup>th</sup>  
Year 7, 8 and 9 exams begin

Wednesday 10<sup>th</sup>  
Year 10 exams begin

Friday 12<sup>th</sup>  
School closed for Staff Training

Wednesday 17<sup>th</sup>  
Year 6 Parents Welcome Evening  
Year 12 Study Leave begins

Thursday 18<sup>th</sup>  
Year 11 NRA (2.30 pm) and Prom (7.30 pm)

Friday 26<sup>th</sup>  
Break up for Half-Term